

## **Kaylee Payne Kruzan, PhD, LCSW**

Research Assistant Professor  
Department of Preventive Medicine  
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### **CONTACT INFORMATION**

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### **EDUCATION**

- 2019      Doctor of Philosophy in Communication  
            Master of Science in Communication  
            *Cornell University, Ithaca, NY*  
            Primary Mentors: Natalie Bazarova, Ph.D. & Janis Whitlock, Ph.D.
- 2022      Master of Social Work  
            *The Ohio State University, Columbus, OH*
- 2015      Master of Arts in Communication  
            *University of Illinois at Chicago, Chicago, IL*
- 2011      Bachelor of Science in Psychology  
            Bachelor of Arts in Communication Studies  
            *Grand Valley State University, Allendale, MI*

### **POSTDOCTORAL TRAINING**

- 2020 – 2022      NIMH Postdoctoral Fellow Postdoctoral Fellow (T32MH115882; Mohr & Reddy)  
                            *Northwestern University, Department of Preventative Medicine, Center for Behavioral  
                            Intervention Technologies (CBITs). Digital Mental Health.*  
                            Mentors: David Mohr Ph.D. & Madhu Reddy Ph.D.

### **PROFESSIONAL LICENSES**

- 2024 – Current      Licensed Clinical Social Worker (IL) #149.027672

### **OTHER POSITIONS**

- 2022 – Present      Therapist, Head/Heart Therapy  
                            *Provide individual psychotherapy*
- 2020 – 2022      Social Work Intern, Head/Heart Therapy  
                            *Provided individual psychotherapy*
- 2020      Social Work Intern, Shields for Families  
            *Conducted Department of Mental Health and ASAM assessments with women in adult  
            perinatal substance use day treatment program; Provided individual solution-focused  
            and strengths-based psychotherapy; Led psychotherapy group on Anger Management.*

### **HONORS AND AWARDS**

- 2022 ACM CHI Best Paper Award (Awarded to Top 1%)
- 2020 Global Qualitative Nursing Research 2019 Best Paper Award
- 2019 College of Agriculture and Life Sciences Outstanding Graduate Teaching Assistant Award
- 2011 Psi Chi International Honor Society in Psychology
- 2010 Angela-Ryan Scholarship, Grand Rapids Sister City International

### **INSTITUTIONAL SERVICE**

- 2023 – Present Coach Clinical Supervisor, CBITS, Northwestern University
- 2015 – 2017 Graduate Student Representative, Cornell University
- 2013 – 2014 Graduate Student Council Representative, University of Illinois at Chicago
- 2014 Colloquia Speaker Committee Member, University of Illinois at Chicago

### **COMMUNITY SERVICE**

- 2020 National Suicide Prevention Lifeline Volunteer Counselor (Suicide Prevention Center, Los Angeles, CA)

### **PROFESSIONAL SOCIETY MEMBERSHIP**

- 2022– Present Society of Digital Mental Health
- 2022 – Present Society for Implementation Research Collaboration
- 2021 – Present Association for Behavioral and Cognitive Therapy (*Tech SIG Treasurer 2024-Present*)
- 2021 – Present International Society for Research on Internet Interventions (ISRII)
- 2020 – Present International Society for the Study of Self-Injury (ISSS), (*Vision Board Member 2020-Present*)
- 2020 – Present ACM SIGCHI, Special Interest Group on Human-Computer Interaction
- 2019 California Society for Clinical Social Work (CSCSW)

### **MANUSCRIPT REVIEW RESPONSIBILITIES/SERVICE ACTIVITIES**

- Ad-hoc reviewer Psychology and Psychotherapy: Theory, Research, and Practice
- Journal of Clinical Child and Adolescent Psychology
- Journal of Pediatric Psychology
- Archives for Suicide Research
- Journal of Medical Internet Research (JMIR)
- Computer-Supported Cooperative Networks (CSCW)
- Human Factors in Computing Systems (CHI)

New Media & Society

**GRANTS AND SPONSORED AWARDS**

- 2024 – 2025      Boehringer Ingelheim Pharmaceutical Inc.  
Title: *Nonsuicidal Self-Injury Severity Screener Validation Pilot*  
PIs: David Mohr, PhD, Kaylee Kruzan PhD  
Funding Period: 2024 – 2025  
Funds: \$149,924
- 2023 – 2028      National Institute of Mental Health (K01MH131898)  
Title: *Developing a Digital Intervention for Adolescent Nonsuicidal Self-Injury*  
Funding Period: 08/01/2023 – 07/31/2028  
PI: Kaylee Kruzan, PhD  
Total Costs: \$867,113
- 2022 – 2024      National Institute of Mental Health (R34MH128410)  
Title: *Digital Mental Health Intervention for Nonsuicidal Self-Injury in Young Adults*  
Funding Period: 03/14/2022 – 12/31/2024  
PI: Kaylee Kruzan, PhD  
Total Costs: \$432,000
- 2018 – 2019      Cornell University Department of Media Studies  
Media Studies Graduate Working Group Grant  
Funding Period: 2018 – 2019  
Role: Co-recipient  
Funds: \$1,200

**INVITED TALKS**

11. **Kruzan, K. P.** (2024, April). *Centering lived experience in the design of digital suicide prevention interventions for youth.* ETUDES Center Steering Committee Meeting at University of Pittsburgh Medical School.
10. **Kruzan, K. P.** (2023, March). *Digital interventions amidst a mental health crisis.* Annual Robert Mayberry Lecture at Grand Valley State University.
9. **Kruzan, K. P.** (2022, September). *Coping with suicide and self-injury in a digital world.* Virtual Talk to USC VHH Suicide Awareness and Prevention Conference.
8. **Kruzan, K. P.** (2022, June). *The role of digital technologies in nonsuicidal self-injury prevention and intervention.* Virtual Talk to Brussels University's Class of Excellence.
7. **Kruzan, K. P.** (2022, April). *Responding to youth who self-injure.* Virtual Talk to Onondaga County District Attorney's Safe Schools Information Coalition Quarterly Meeting.
6. **Kruzan, K. P.** (2022, March). *Understanding and responding to nonsuicidal self-injury.* Virtual Talk at Onondaga County Children's Mental Health Stakeholder Group Meeting.
5. **Kruzan, K. P.** (2021, October). *Understanding the difference between suicide and self-injury.* Virtual talk at National Association of Mental Illness (NAMI) New York State Annual Education Conference.

4. **Kruzan, K. P.** (2021, Winter). *Team science and working on interdisciplinary teams*. Invited Panelist. Clinical Psychology 526: Interprofessional Education Seminar, Department of Clinical Psychology, Northwestern University, Chicago, IL
3. **Kruzan, K. P & Whitlock, J.** (2019, Spring). *Computational approaches to addressing mental health challenges*. Invited Lecturer. Health and Computation Seminar, Department of Information Science, Cornell University, Ithaca, NY
2. **Kruzan, K. & Sannon, S.** (2018, Fall). *Mental health, technology, and intervention*, Guest Lecturer. COMM 2450, Communication and Technology, Department of Communication, Cornell University, Ithaca, NY
1. **Kruzan, K.** (2018, Fall). *Technology, Well-being, & Coping*, Invited Lecturer for Psychology of Adjustment: Mind, Body, Spirit, Ithaca College, Ithaca, NY

## **PUBLICATIONS AND SCHOLARLY WORKS**

### ***Peer-reviewed publications***

30. Chau, C. W., Studd, H., Cruz, S., Huang, D., Norton, C., **Kruzan, K. P.**, Jacobs, M. (In Press). Envisioning the future of burnout support: Understanding frontline workers' experiences in nonprofit gender-based violence organizations. *ACM Conference on Computer Supported Cooperative Work (CSCW 2024)*.
29. Hamilton, J. L., Torous, J., Szlyk, H., Biernesser, C., **Kruzan, K.**, Jensen, M., Reyes-Portillo, J., Primack, B., Zelazny, J. & Weigle, P. (2024). Leveraging Digital Media to Promote Youth Mental Health: Flipping the Script on Social Media-Related Risk. *Curr Treat Options Psych*. <https://doi.org/10.1007/s40501-024-00315-y>.
28. **Kruzan, K. P.**, Meyerhoff, J., Beirnesser, C., Hoffman, J. (2024). Digital Interventions for Adolescents and young Adults Experiencing Self-Injurious Thoughts and Behaviors. *Curr Treat Options Psych* <https://doi.org/10.1007/s40501-024-00318-9>
27. Yoo, D. W., Woo, H., Nguyen, V. C. Birnbaum, M. L., **Kruzan, K. P.**, Kim, J. G., Abowd, G. D., De Choudhury, M. (2024, May). Patient Perspectives on AI-Driven Predictions of Schizophrenia Relapses: Understanding Concerns and Opportunities for Self-Care and Treatment. *Proceedings of the 2024 ACM Conference on Human Factors in Computing Systems (CHI)*. (pp. 1-20). <https://doi.org/10.1145/3613904.3642369>
26. Meyerhoff, J., Kornfield, R., Lattie, E. G., Knapp, A. A., **Kruzan, K. P.**, Jacobs, M., Stamatis, C. A., Taple, B. J., Beltzer, M. L., Berry, A. B. L., Reddy, M., Mohr, D. C., Graham, A. K. (2023). From formative design to service-ready therapeutic: A pragmatic approach to designing digital mental health interventions across domains. *Internet Interventions*. 100677. <https://doi.org/10.1016/j.invent.2023.100677>. PMID: 37808416; PMCID: PMC10551833.
25. Knapp, A. A., Hersch, E., Wijaya, C., Carrol, A., **Kruzan, K.**, Herrera, M., Lee, S., Sodhi, D.K., Baker, A., Hannah, N., Simmons, R., Jackson, S., Jackson, L., Guitierrez, A., Pernell, M., Froth, M., Reddy, M., Karnik, N., Smith, J.D., Brown, C.H., & Mohr, D. (2023). “The library is so much more than books”: Considerations for implementing youth digital mental health services in public libraries. *Frontiers in Digital Health*. 5. doi:10.3389/fdgth.2023.1183319. PMID: 37560198; PMCID: PMC10409481.
24. Lyon, A., Munson, S. A., Reddy, M., Schueller, S. M., Agapie, E., Yarosh, S., ... & Kornfield, R. (2023, April). Bridging HCI and Implementation Science for Innovation Adoption and Public Health Impact. In *Extended Abstracts of the 2023 CHI Conference on Human Factors in Computing*

- Systems* (pp. 1-7). <https://doi.org/10.1145/3544549.3574132>; PMID: 38585487, PMID: PMC10999072
23. Meyerhoff, J., **Kruzan, K. P.**, Reddy, M., Mohr, D. C., Lattie, E. G. (2023). Preparing a Workforce of Care Coordinators to Address Patient Mental Health Needs in the Digital Age: Training and Needs Identification. *SAGE Open Nursing*. 9, <https://doi.org/10.1177/23779608231173279>. PMID: 37153493; PMID: PMC10161288.
  22. **Kruzan, K.P.**, Ng, A., Stiles-Shields, C., Lattie, E., Reddy, M. & Mohr, D. (2023). The perceived utility of smartphone and wearable sensor data in digital self-tracking technologies for mental health. *Proceedings of the 2023 ACM Conference on Human Factors in Computing Systems (CHI)*. <https://doi.org/10.1145/3544548.3581209>.
  21. Voss, C., Liu, J., Chang, A., Kosmas, J.A., Biehl, A., Flynn, R., **Kruzan, K.**, Wildes, J.E., & Graham, A.K. (2023). Weight Loss Expectations of Adults With Binge Eating: Cross-sectional Study With a Human-Centered Design Approach. *JMIR Formative Research*, 7(1), e40506. doi:10.2196/40506. PMID: 36853750; PMID: PMC10015344.
  20. **Kruzan, K. P.**, Whitlock, J., Chapman, J., Bhandari, A., & Bazarova, N. (2023). Young adults' experiences with two publicly available digital resources for self-injury: A qualitative study of a peer support app and web-based psychoeducation. *JMIR Formative Research*, 7:41546. 10.2196/41546. PMID: 36633896
  19. **Kruzan, K.P.**, Reddy, M. Washburn, J. J. & Mohr, D. (2022). Developing a mobile app for young adults with nonsuicidal self-injury: A prototype feedback study. *International Journal of Environmental Research and Public Health*. 2022; 19(23): 16163. <https://doi.org/10.3390/ijerph192316163>. PMID: 36498234; PMID: PMC9739032.
  18. **Kruzan, K.P.**, Williams, K.D.A., Meyerhoff, J., Yoo, D.W., O'Dwyer, L., De Choudhury, M., Mohr, D.C. (2022). Social media-based interventions for adolescent and young adult mental health: A scoping review. *Internet Interventions*. 100578. <https://doi.org/10.1016/j.invent.2022.100578>. PMID: 36204674; PMID: PMC9530477.
  17. **Kruzan, K. P.**, Fitzsimmons-Craft, E., Dobias, M., Schleider, J. L., & Pratap, A. (2022). Developing, Deploying, and Evaluating Digital Mental Health Interventions in Spaces of Online Help- and Information-Seeking. *Procedia Computer Science*. 206C. pp. 6-22. PMID: 37063642; PMID: PMC10104522.
  16. Meyerhoff, J., **Kruzan, K. P.**, Kim, K-Y. A., Van Orden, K., Mohr, D. C. (2022). Exploring the Safety of a General Digital Mental Health Intervention to Effect Symptom Reduction among Individuals with and without Suicidal Ideation: A Secondary Analysis. *Archives of Suicide Research*, 1-18. <https://doi.org/10.1080/13811118.2022.2096520>. PMID: 35822235; PMID: PMC9834433.
  15. **Kruzan, K. P.**, Mohr, D. & Reddy, M. (2022). How Technologies Can Support Self-injury Self-management: Perspectives of Young Adults with Lived Experience of Nonsuicidal Self-injury. *Frontiers in Digital Health*. <https://doi.org/10.3389/fdgh.2022.913599>. PMID: 35847416; PMID: PMC9278014.
  14. **Kruzan, K. P.** Muehlenkamp, J. L., & Claes, L. (2022). Identity, Self-blame, and Body Regard in Nonsuicidal self-injury: A Test of Moderated-Mediation. *Comprehensive Psychiatry*. 116. <https://doi.org/10.1016/j.comppsy.2022.152322>. PMID: 35533434; PMID: PMC9219562.

13. **Kruzan, K. P.**, Whitlock, J., Bazarova, N., Bhandari, A. & Chapman, J. (2022). Use of a mobile peer support app among young people with nonsuicidal self-injury: Small-scale randomized controlled trial. *JMIR Formative Research*. 6(1), e26526. <https://doi.org/10.2196/26526>. PMID: 35006076; PMCID: PMC8787664.
12. **Kruzan, K. P.**, Meyerhoff, J., Reddy, M., Mohr, D. C., & Kornfield, R. (2022). “I wanted to see how bad it was:” Mental health self-screening as a critical transition point among young adults. In *Proceedings of the 2022 ACM Conference on Human Factors in Computing Systems (CHI)*. <https://doi.org/10.1145/3491102.3501976>. PMID: 35531062; PMCID: PMC9075814.
11. Lattie, E. G., Cohen, K. A., Hersch, E., Williams, K. D., **Kruzan, K. P.**, MacIver, C., ... & Mohr, D. C. (2021). Uptake and effectiveness of a self-guided mobile app platform for college student mental health. *Internet Interventions*, 100493. <https://doi.org/10.1016/j.invent.2021.100493>. PMID: 35036331; PMCID: PMC8749061.
10. **Kruzan, K. P.**, Meyerhoff, J., Biernesser, C., Goldstein, T., Reddy, M., & Mohr, D. C. (2021). Centering Lived Experience in Developing Digital Interventions for Suicide and Self-injurious Behaviors: User-Centered Design Approach. *JMIR Mental Health*, 8(12), e31367. <https://doi.org/10.2196/31367>. PMID: 34951602; PMCID: PMC8742214.
9. **Kruzan, K. P.**, Bazarova, N., & Whitlock, J. (2021). Investigating self-injury support solicitations and responses on a mobile peer support application. In *Proceedings of the ACM Conference on Human-Computer Interaction. (CSCW)*. Article 35. <https://doi.org/10.1145/3479498>
8. **Kruzan, K. P.**, Whitlock, J., & Bazarova, N. (2021). Examining the relationship between use of a mobile peer-support application and self-injury outcomes: A longitudinal mixed-method study. *JMIR Mental Health*. doi:10.2196/21854. PMID: 33507154; PMCID: PMC7878111.
7. Won, A. S., Pandita, S., & **Kruzan, K. P.** (2020). Social interaction and pain threshold in virtual reality. *Cyberpsychology, Behavior, and Social Networking*. 23(12), 829-845. <https://doi.org/10.1089/cyber.2020.0055>. PMID: 33179974; PMCID: PMC7757604.
6. **Kruzan, K. P.**, Whitlock, J., & Hasking, P. (2020). Development and initial validation of scales to assess decisional balance (NSSI-DB), processes of change (NSSI-POC), and self-efficacy (NSSI-SE) in a population of young adults engaging in non-suicidal self-injury. *Psychological Assessment*, 32(7), 635–648. <https://doi.org/10.1037/pas0000821>. PMID: 32271060
5. **Kruzan, K. P.**, Whitlock, J., Bazarova, N. N., Miller, K. D., Chapman, J., & Won, A. S. (2020). Supporting self-injury recovery: The potential for virtual reality intervention. In *Proceedings of the 2020 CHI Conference on Human Factors in Computing Systems*. doi:10.1145/3313831.3376396
4. **Kruzan, K. P.** & Whitlock, J. L. (2019). Processes of change and non-suicidal self-injury: A qualitative interview study with individuals at various stages of change. *Global Qualitative Nursing Research*, 6, <https://doi.org/10.1177/2333393619852935>. PMID: 31218241; PMCID: PMC6558546.
3. **Kruzan, K. P.** & Won A. S. (2019). Embodied well-being through two media technologies: Virtual reality and social media. *New Media & Society*. 21(8), 1734-1749. <https://doi.org/10.1177/1461444819829873>
2. Appignani, T., **Kruzan, K.**, & Neill-Hoch, I. (2015). Spirits in the Aether: Digital ghosts in Final Fantasy XIV, *Gamevironments*, 2, 25-60.
1. **Kruzan, K.** (2014). New media use in mitigating existential fear, *Thanatos*, 3, 149-160.

### **Book chapters**

6. **Kruzan, K. P.**, Nesi, J., Hamilton, J. L., Vidal, C., Twenge, J., Peebles, D., & Niederkrotenthaler, T. Media Influences on Self-harm, Suicidality, and Suicide. Christakis DA, Hale L, eds. *Children and Screens: A Handbook on Digital Media and the Development, Health, and Well-being of Children and Adolescents*. Cham, Switzerland: Springer: In progress, 2024.
5. Hamilton, J. L., **Kruzan, K.**, Szlyk, H., Reyes-Portillo, J., Biernesser, C., Jensen, M., Zelazny, J., Primack, B., Torous, J., & Weigle, P. (Forthcoming). Who is Most at Risk?: Identifying Risk for Mental Health Problems Related to Social Media. Christakis DA, Hale L, eds. *Children and Screens: A Handbook on Digital Media and the Development, Health, and Well-being of Children and Adolescents*. Cham, Switzerland: Springer: in progress, 2024.
4. Bautisa, J., **Kruzan, K.**, & Schueller, S. (2024). The Role of Social Media Applications in Clinical Treatment Social Media and Youth Mental Health: A Public Health Perspective. In Harrison, H., Collier, A., & Adelsheim S. (Eds.). *Social Media and Youth Mental Health: A Public Health Perspective*. American Psychological Association. <https://www.appi.org/Products/Child-and-Adolescent-Psychiatry/Social-Media-and-Youth-Mental-Health>
3. **Kruzan, K. P.** & Whitlock, J. (2023). Digital Interventions for Nonsuicidal Self-Injury. In Baetens, I., Whitlock, J., & Lloyd-Richardson, E. (Eds.). *Handbook on Nonsuicidal Self-Injury*. Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780197611272.001.0001>
2. **Kruzan, K. P.** & Whitlock, J. Digital media, suicide and self-injury. (2022). In Nesi, J. Telzer, E. & Prinstein, M. J. (Eds.). *Handbook of Adolescent Digital Media Use and Mental Health*. Cambridge University Press. <https://doi.org/10.1017/9781108976237>
1. **Kruzan, K. P.** & Whitlock, J. L. (2019). Prevention of Non-Suicidal Self-Injury. In J. Washburn (Ed), *Nonsuicidal Self-Injury: Advances in Research and Practice*. Routledge. <https://doi.org/10.4324/9781315164182>

### **Manuscripts under review**

5. Chau, C. W., Norton, C., **Kruzan, K. P.**, Jacobs, M. (Under Review). “All Day, Every Day, Listening to Trauma”: Feature Explorations of Digital Interventions for Empathy-based Stress-related Burnout Among Frontline Workers in Gender-based Violence. *ACM CHI Conference on Human Factors in Computing Systems (CHI 2025)*.
4. Stiles-Shields, C., Reyes, K. M., Lakhtakia, T., Smith, S. R., Barnas, O. E., Gray, E. L., Krause, C. J., **Kruzan, K. P.**, Kwasny, M. J., Mir, Z., Panjwani, S., Rothschild, S. K., Sánchez-Johnsen, L., Winqvist, N. W., Lattie, E. G., Allen, N. B., Reddy, M., & Mohr, D. C. (Under Review). A personal sensing technology enabled service versus a digital psychoeducation control for primary care patients with depression and anxiety: A pilot randomized controlled trial. *BMC Psychiatry*.
3. **Kruzan, K. P.**, Henges, E., Ramirez, I., Washburn, J. J. (Under review). Identifying Subgroups of Nonsuicidal self-injury: A Systematic Review.
2. Chau, C. W., Studd, H., Cruz, S., Huang, D., Norton, C., **Kruzan, K. P.**, Jacobs, M. (Under review) Secondary Traumatic Stress in Gender-based Violence Service Provision.
1. **Kruzan, K. P.**, Ammerman, B., Griffith, J. W., Lengel, G. J., Lucas, K., Nguyen, T., Rushton, K., Washburn, J. J., & Mohr, D. C. (Under review). Development and Initial Test of the Factor Structure of a Brief Assessment of Nonsuicidal Self-injury Severity in Partnership with a Large Mental Health Advocacy Group.

**Conference presentations, symposia, workshops**

24. Hentges, E. Washburn, J., **Kruzan, K.** (2024, June). Exploring characteristics of NSSI among sexual and gender minorities. *International Society for the Study of Self-Injury (ISSS)*. June 17-28, 2024. Toronto, ON, Canada.
23. **Kruzan, K. P.**, Reddy, M., Washburn, J., Mohr, D. C. (2024, June). Addressing safety in the development of a digital intervention for young adults that engage in nonsuicidal self-injury *International Society for Research on Internet Interventions (ISRII) 2024*, June 2-5. Limerick, Ireland.
22. **Kruzan, K. P.**, Reddy, M., Washburn, J., Smith, S., Hentges, E., Nguyen, T., Rushton, K., Lucas, K, Mohr, D. C. (2024, June). Taking a Participatory Approach to Designing a Digital Intervention for Young Adults with Self-injury. *International Society for Research on Internet Interventions (ISRII) 2024*, June 2-5. Limerick, Ireland.
21. Chau, C. W., Studd, H., **Kruzan, K. P.**, Jacobs, M. (2023, October). Towards trauma-informed interventions with and for secondary traumatic stress (STS) for advocates in gender-based violence. *Workshop on Trauma-Informed Design: A Collaborative Approach to Building Safer Online Spaces at CSCW'23*. Minneapolis, MN, USA.
20. Chau, C. W., Studd, H., **Kruzan, K. P.**, Jacobs, M. (2023, April). From self to community care: The need for multilevel interventions to address advocate burnout in gender-based violence. [Paper and Presentation]. *Workshop on Interactive Systems in Healthcare (Wish) at CHI'23*. Hamburg, Germany.
19. Chau, C. W., **Kruzan, K. P.**, Jacobs, M. (2023, April). Co-designing Interventions for Burnout with Community Organizations in Gender-based Violence. [Poster]. *Grad Cohort Workshop for Women*. San Francisco, California.
18. Chau, C. W., **Kruzan, K. P.**, Jacobs, M. (2023, March). Co-designing Interventions for Burnout with Community Organizations in Gender-based Violence. *Workshop for Inclusion, Diversity, Equity, Accessibility, and Leadership Skills (IDEALS)*. Honolulu, Hawaii.
17. Chau, C. W., **Kruzan, K. P.**, Jacobs, M. (2022, October). Co-designing Burnout Interventions with Frontline Health Workers. [Poster]. *Lambert Conference on the Future of Human Computer Interaction and Design*. Evanston, IL.
16. Hentges, E. Washburn, J., Mohr, D.& **Kruzan, K.** (2024, March). Sexual and gender minority status in relation to NSSI: Body image and related factors. [Poster]. *Society of Behavioral Medicine*. March 13-16, 2024. Philadelphia, PA, USA.
15. Lyon, A., Munson, S. A., Reddy, M., Schueller, S. M., Agapie, E., Yarosh, S., Dopp, A. R. Schwarz, U.V.T., Doherty, G., Graham, A.K., **Kruzan, K. P.**, & Kornfield, R. (2023, April). Bridging HCI and Implementation Science for Innovation Adoption and Public Health Impact. *CHI 2023*. April 23-28, 2023. Hamburg, Germany.
14. Patel, D., Pendse, S.R., De Choudhury, M., Dsane, S., **Kruzan, K.P**, Kumar, N., Singh, A. and Warner, M. (2022, November). Information-Seeking, Finding Identity: Exploring the Role of Online Health Information in Illness Experience. [Workshop]. In *CSCW'22: ACM Conference on Computer-Supported Cooperative Work and Social Computing*, November 12-13. Virtual. ACM, New York, NY, USA.
13. **Kruzan, K. P.**, (2022, September). Young Adults' Experiences with Online Mental Health Self-screening. [Symposium]. *International Society for Research on Internet Interventions (ISRII) 2022*, September 18-21. Pittsburgh, PA, USA.



12. **Kruzan, K. P.**, Fitzsimmons-Craft, E., Dobias, M., Schleider, J. L., & Pratap, A. (2022, September). Developing and Deploying Digital Mental Health Interventions in Spaces of Online Help- and Information-Seeking. [Symposium]. *International Society for Research on Internet Interventions (ISRII) 2022*, September 18-21. Pittsburgh, PA, USA.
11. **Kruzan, K.P.**, (2022, September). Designing a publicly accessible digital intervention for nonsuicidal self-injury: Lessons from early design and implementation planning [Symposium]. *Society for Implementation Research Consortium (SIRC)*. September 8-10. San Diego, CA, USA.
10. **Kruzan, K.**, Mohr, D. C., & Reddy, M. (2022, June). Designing an app for young adults with lived experience of nonsuicidal self-injury. Poster presented at *Society for Digital Mental Health (SDMH)* June 13-14. Virtual.
9. **Kruzan, K. P.**, Palermo, E., Rameer, J. H., Wilks, C. R. (2022, June). Factors associated with improved end-of-call outcomes among crisis contacts: A preliminary analysis of crisis text-line data. Paper presented at *Suicide Research Symposium*, June 16-17. Virtual.
8. **Kruzan, K.**, Meyerhoff, J. (Chairs). (2021, November). Designing Digital Mental Health Interventions for Suicide and Self-Injurious Thoughts and Behavior: Incorporating lived experience and multiple stakeholder perspectives. [Symposium]. Association for Behavioral and Cognitive Therapies Annual Convention, New Orleans, LA, USA.
7. **Kruzan, K.**, & Whitlock, J. (2021). Use of a Mobile Peer Support App and Web-based Psychoeducational Materials in NSSI Recovery: Results of a Randomized-Controlled Trial and User-Experience Analysis. *Project presented at International Society for the Study of Self-Injury (ISSS) Conference*, June 21-25, Virtual.
6. Won, A.S., **Kruzan, K.**, & Pandita, S. (2019) “As long as you’re with me: the effects of social presence and distance on pain perception in virtual environments.” *Paper presented at 24th Annual CyberPsychology, CyberTherapy, and Social Networking Conference*, June 24-26, Norfolk, VA.
5. **Kruzan, K.**, Won, A., DiFranzo, D. (2017, October). Virtual Reality in Treatment of Non-Suicidal Self-Injury. *Poster presented at 3rd Annual Innovations in Psychiatry and Behavioral Health: Virtual Reality and Behavior Change*. Stanford University, Stanford, CA, USA.
4. **Kruzan, K.** & McLeod, P. (2017, July). The Role of Existential Threat in Group Polarization. *Paper presented at INGRoup conference*, St. Louis, MO, USA, July 2017
3. Jung, M., **Kruzan, K.**, & McLeod, P. L. (2016, July). Conflict in Work Teams: The Role of Emotion Regulation and Self-Esteem, *Paper presented at INGRoup conference*, Helsinki, Finland, February 2016
2. Appignani, T., **Kruzan, K.**, & Neill-Hoch, I. (2014). *Ghosts in the Game: Digital Haunting in MMORPG*, *Paper accepted at Association for Internet Researchers*, Daegu, Korea, 2014
1. **Kruzan, K.** (2013, July). Plugging into symbolic immortality: Internet-based media aids in relieving existential fear. *Paper presented at Media Ecology Association Convention*, Grand Rapids, MI, 2013

## **TEACHING AND MENTORING**

Northwestern University

2023-Present      Co-mentor, PhD Technology and Social Behavior student Connie Chau

2023-2024 Primary Mentor, MA Clinical Psychology student Eva Hentges (now PhD student in Clinical Psychology at University of South Dakota)

2022-Present Instructor, Design for Digital Health Reading Course, Feinberg School of Medicine

2021-2023 Instructor, Responsible Conduct of Research

#### Cornell University

2019 Graduate Teaching Assistant, Growing Up in the Digital Age, Department of Human Development

2019 Co-Instructor, Writing about Communication, Department of Communication

2018 Graduate Teaching Assistant, Communication and Technology, Department of Communication

2017 Graduate Teaching Assistant, New Media and Society

2016 Graduate Teaching Assistant, Media Communication

2016 Instructor, Oral Communication

2015 Graduate Teaching Assistant, Cases in Communication

#### University of Illinois at Chicago

2014-2015 Graduate Teaching Assistant, Introduction to Interpersonal Communication, Department of Communication

2013-2015 Instructor, Fundamentals of Human Communication, Department of Communication

#### **MEDIA COVERAGE/COMMENTARY**

5. Connecticut Public Radio / WNPR, December 2023, “Creating safer online space for children, teens and everyone.” <https://www.ctpublic.org/show/where-we-live/2023-12-12/creating-safer-online-spaces-for-children-teens-and-everyone>
4. Double Take Podcast, December 2023, “Dr. Kaylee Kruzan on Digital Mental Health Interventions Among Adolescents.” <https://open.spotify.com/episode/5jOo8uNaArnXkyV0yQZzc2?si=29fdb5c2ebcf4daf>
3. Psychology of Self-Injury Podcast, September 2022, “Digital interventions for self-injury” (No. 64) <https://the-psychology-of-self-injury.simplecast.com/episodes/digital-interventions-for-self-harm-with-dr-kaylee-kruzan>
2. NBC news, July 2019, “Etika was a larger-than-life YouTube star. Researchers are unsure how that affected his mental health.” <https://www.nbcnews.com/news/us-news/etika-was-larger-life-youtube-star-researchers-are-unsure-how-n102227>
1. Inverse, August 2018, “Plastic Surgeons Are Really Worried About Snapchat Dysmorphia: Plastic surgeons will be dealing with this for years to come.” <https://www.inverse.com/article/47697-snapchat-social-media-body-image-dysmorphia>